



TESSENSOHN Playbook

The Handy Guide For A Fun Time
In & Around CSC @ Tessensohn





OVERVIEW OF **CSC @ Tessensohn**

Nestled in the heart of Singapore, CSC @ Tessensohn stands as a modern town clubhouse with a diverse array of sports, leisure, and recreational pursuits for individuals of all ages. Situated in a vibrant and historical district, there're plentiful ways to enjoy a day of family fun complete with engaging activities, captivating sights, and delectable culinary experiences!



Find out what joys to do, see and taste in and around the clubhouse. Follow our suggested itineraries and create wonderful memories with your loved ones!

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STORY OF Tessensohn



Tessensohn Road was named after John Edwin Tessensohn, who established the Eurasian Association, and was the first Eurasian legislative councillor in the Straits Settlements in 1923. He was also a prominent citizen whose dedication to public service earned him wide respect in the community.

The area was known for being a vibrant social hub - where Singapore's first racecourse was built and large open fields becoming grounds for rifle range polo and golf, and was even at times used as an aircraft runway. So it is apt that CSC @ Tessensohn shares the same spirit of using recreational and social activities to build and bond communities.

Today, Tessensohn Road and its area is an eclectic mix of old and new, with Art Deco, heritage shophouses, trendy cafes and old school eateries, all coexisting and surrounded by family-centric attractions and activities. Nestled right in the middle is CSC @ Tessensohn. The clubhouse was officially opened in 1990 by the late former President Dr Wee Kim Wee and underwent a makeover in 2022 to update itself as a holistic clubhouse for everyone.

In this unique neighbourhood where social and sporting vibes resonate, there is always something new to discover!



Marvel at the heritage architecture



Savour delicious traditional or trendy food



Tessensohn Clubhouse

CSC @ Tessensohn is a modern town recreation and leisure clubhouse where enjoyment is sustainable. We are BCA Green Mark Platinum and SG Clean Certified, which means smart technologies and green initiatives abound in a clean environment. The clubhouse is also a Made for Families venue, with family friendly amenities.



Planet Bowl (Level 1)

One of the top ten bowling centres in Singapore, this 20-lane bowling centre is frequented by league bowlers and bowling enthusiasts for its affordable rates. Featuring the Kegel Specto ball tracking system used by pros or the system's coaching mode for learners. Kids also benefit from bumper rails and 5 pound balls with 5 finger holes. There's also a dedicated Pro Shop for all your bowling needs.



Swimming and Wading Pools (Level 1)

Be energised in the Olympic-sized swimming pool or pampered in the heated jacuzzi for the perfect wind-down after work. For more privacy, reserve one of the poolside family lounges and relax as the kids play safely in the nearby wading pool. Bonus: the shower room is equipped with a swimsuit dryer that dries swimsuits in just eight seconds.



Badminton (Level 2)

The multi-purpose hall boasts four top-notch courts, complete with Badminton World Federation approved mats. If you need to string or service your racquets, our Pro Shop has you covered. And when you're done, freshen up with ease at our convenient shower facilities at level 1.



Tennis (Level 1)

Serve up a good gameplay of tennis at one of the two hard courts available. And when you're ready to cool down and freshen up, our nearby shower facilities have got you covered.





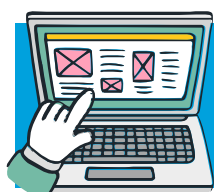
[Weekend Family Fun Pool](#) (Level 1)

Every weekend (from 8 am to 6 pm, excluding public holidays), the swimming pool is transformed into a fun pool. Dive in with excitement as giant inflatable floats are joined by paddle boats and water slides! For lap swimmers, several lanes will remain open. Members can book up to eight days in advance on a first-come-first-served basis and bring up to five guests (subject to club fees).



[Table Tennis \(Level 2\)](#)

Table tennis is a great game that the whole family can enjoy, so time to work on those smashes! The lift lobby above the bowling centre can be converted to fit a table tennis table perfectly.



[Visit the members' portal to book or check the availability of facilities.](#)



[Eco Garden \(Level 3\)](#)

Our Eco Garden is a community garden of edible and beneficial plants such as hydroponic vegetables, grafted fruit trees, local herbs and various vibrant flower types. Take a stroll to admire and enjoy these therapeutic plants. CSC Members can join the newly minted Gardening Club to get acquainted with the flora and fauna, or meet other like-minded gardeners!



Did you know?

Along with exclusive use and special rates for facilities and events at all three Clubhouses, CSC members get free supplementary memberships for their spouse, children and parents!

[Find out more!](#)



[Stadio Futsal \(Level 5\)](#)

Founded by football greats V. Sundramoorthy and Marko Kraljević, Stadio Futsal is one of a handful of rooftop futsal pitches. Its five-a-side pitches are surfaced with FIFA-approved soft Thiolon XP Pro® fibres for maximum comfort and safety. These private rooftop pitches are perfect for tournaments, team building and parties.



[Ground Up Climbing \(Level 2\)](#)

Expect challenging, professional-grade walls that will excite climbers of all levels. The gym features a 15-metre-high outdoor rock wall, top-rope lanes, auto-belay lanes, a bouldering gym, and one of the hardest overhangs in town. There are family classes for all ages and one-hour taster sessions for those who want to learn the ropes. Either way, expect great value, after-sales equipment support and activities that take fun to new heights.

[Pro Gym \(Level 2\)](#)

Build, sculpt or tone, from weight training to cardio, at one of the most affordable gyms in the city. Friendly, professional trainers are available on request to help gym goers maximise and achieve their fitness and physique goals.

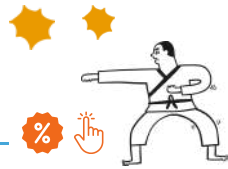


LEARN 



[The Rehab Lab \(Level 2\)](#)

Don't just settle for a pain-free life, have the exuberance to live it to the fullest! The good people at this sports and spine physiotherapy clinic are ever ready to revitalise, strengthen and extend customers' ability to breeze through everyday demands and enjoy their favourite activities. As an authority in its field, The Rehab Lab has been featured widely across multiple media platforms.



[Revvo Academy of Wellness](#)

(Level 3)

This boutique gym combines fitness and wellness in its weight, health and fitness transformation programmes. There are 22 group workout sessions weekly with credible coaches around to tailor regimes for each participant's unique needs.



[Shitoryu Karate Association](#)

(Level 4)

Shitoryu Karate is considered one of the four main styles of the karate art. In the early 1960s, the Shitoryu Karate Association of Singapore was founded by a group of police officers who appreciated the art of self-defence. Classes are catered for all ages. Contact them to arrange for a trial class.



[Vyasa Yoga](#) (Level 3)

Shape your body and mind at one of Singapore's most renowned yoga schools. Master yoga instructors at Vyasa Yoga combine ancient philosophy with modern science to create tailored programmes that help participants on their path to ultimate wellness and transformative growth. Sign up for a free trial on their website.

FOOD



[Thirsty Neko](#) (level 1)

Thirsty Neko's menu features inventive fusion dishes you won't find anywhere else. Whether you come for the food, drinks or karaoke, Thirsty Neko promises a night packed with fun and flavour. Enjoy live music every Friday from 7pm - 10pm



[Midnight Noodle Club](#) (Level 1)

A brand new food concept right in the heart of Singapore, Midnight Noodle Club is all about curating your own personalized noodle experience that's unique to you!

[Biscotti Bakery](#) (Level 1)

At Biscotti Bakery, confections such as cranberry pistachio, orange almond and chocolate biscotti are all handmade using natural ingredients. These tasty bites contain no trans-fat, butter or oil, and are one of the thinnest biscotti around.

[Qian Xi Chinese Restaurant](#) (Level 1)

With a name that means 'a thousand happiness', this established brand has been around for more than two decades. Qian Xi Chinese Restaurant offers gourmet set packages and banquet menus to cater for any momentous occasion.





[Auditorium \(Level 3\)](#) 


Equipped with theatre-style seating for 192 pax, cutting-edge audio-visual equipment, attached changing rooms, and restrooms. Perfect for hosting seminars, talks, graduation ceremonies, concerts, screenings and performances.



[Diamond Ballroom \(Level 3\)](#) 

The perfect venue for large scale corporate events, gala dinners, weddings, retreats and townhall gatherings. The Diamond Ballroom seats up to 600 pax.



[Cookery Studio \(Level 3\)](#) 

Organise a culinary adventure in our Cookery Studio. Retrofitted with a wide range of kitchen appliances, 8 individual cooking stations for hands-on workshops, and the capacity to hold culinary demonstrations, classes, team building activities, and private dining for up to 40 pax.



[Function Rooms \(Level 4\)](#) 

Our six function rooms offer infinite possibilities for customization and flexible configurations, accommodating events ranging from 20 to 200 pax. Whether it's an intimate solemnization or a corporate seminar, our dedicated team will take care of every detail to ensure a flawless event.

[Dance Studio \(Level 2\)](#) 

Step into our modern Dance Studio, designed for optimal performance with full-length mirrors, laminated flooring, excellent acoustics, and an advanced AV system. Great for a variety of team bonding activities or parties.



Personal or Corporate Events at Tessensohn

Be it for corporate or personal, events at CSC @ Tessensohn promises to be memorable. Versatile venues with complete facilities come together to enhance any event. Organize team-building activities or small social events with fun and engaging options like futsal matches, cooking classes, creative workshops, and movie screenings. Or pull out all the stops with a one-of-a-kind Clubhouse Takeover experience. Book the entire clubhouse and transform CSC @ Tessensohn into an all-day lifestyle getaway for up to 1,000 participants. Either way, a dedicated Events team will ensure that every moment is flawless.

Contact us today. 



Our Auditorium is fully equipped for your conference, ceremony or performance



Configure a flexible space for your needs with our indoor and outdoor venues



Organise cohesion bowling or inter-department leagues at Planet Bowl



Culinary cook-offs or cooking lessons await at the Cooking Studio



Customise activities for different age groups

Did you know?

Tessensohn is the first clubhouse to feature a CoWork@Gov space!



Fitness and Wellness Hub



Start a healthy lifestyle or find some inner balance with the diverse range of fitness and wellness activities at CSC @ Tessensohn. Meet with like-minded individuals and make new friends as you keep fit. Read on for some of the most popular classes that are available for members, public officers and guests* at a special rate.



Deep Aqua Aerobics

Stay cool while getting a full body workout with this high-intensity, low-impact exercise in our Olympic-sized pool. Being suspended in deep water places less stress on joints even as muscles work doubly hard.

Wing Chun Classes

The art of Wing Chun emphasises more of practical and efficient techniques rather than brute force. This makes it suitable for anyone looking to improve their general well-being regardless of age or gender.

Boogie Bounce Xtreme Workout

Time to expand some energy as 10 minutes on a trampoline is as good as a 30-minute run. The mini trampoline is specially designed with a safety bar to lessen the strain on knees, making this suitable for all ages.

Badminton Classes

Take the game to the next level with certified instructors at our well spaced-out courts. Master the forehand and backhand along with strategies to outwit your opponents. Lessons are designed to be fun to cater to younger players.

Zumba Workout

Zumba is an interval exercise that incorporates lively beats with Latin-inspired dance moves for a full aerobic cardiovascular workout. The highly infectious energy of the Zumba community makes every session feel more like a fun dance party than a workout.

Activities are available to members, public officers and guests*. Check the availability, rates and timings at www.csc.sg/events.



* Guest has to be accompanied by a member or public service officer

Social Club For Everyone



Discover the joy of connecting with others at CSC @ Tessensohn. Known to bring people together for festive celebrations and social gatherings, experience the delight of the Club's social events, workshops and activities with your family and friends. Dive into a world of togetherness, fun, and new experiences.

Festive Celebrations

We have an assortment of festive parties and sit-down dinners all encompassing the elements of fun and celebration. Join us at our festive Lunar New Year bazaar, National Day screening or Children's Christmas party and walk away not only with gifts and prizes but plenty of wonderful memories.

Celebrate With The People You Love

We are big on celebrations! Be it Mother's Day or Father's Day, the nation's birthday or just celebrating you! We have special events such as our quarterly Wine & Dine sessions for that special celebration or regular get-together, because friends never need a reason to celebrate.

Let's Get Competitive

Whether you have a singing flair or an athletic edge, we have competitions for you to challenge yourself. Join the CSC Singing Star or the CSC Children's Swimming Meet and find out just how competitive you or your child can be!

Never Too Late To Learn

Ever wanted to pick up a skill or learn something musical but didn't know where or how to? We have a diverse range of workshops and classes for your family and you at Tessensohn. Go solo and meet like-minded individuals, or with your family for fun and learn something special you've always wanted to.



[CLICK HERE FOR
OUR EVENTS CALENDAR](#)

Attractions Around Tessensohn



Through multicultural architectural elements, handicraft and cuisines, retrace the lives and influences of the early settlers that shaped Singapore.



Little India

The wonders of Little India unfold in vibrant scenes. Flavours, aromas and art engage your senses as you explore the traditions and beliefs that enrich the district's iconic sites. Once home to cattle herders, spice traders, multi-ethnic migrants and Singapore's first racecourse, the enclave now bustles with a mix of traditional businesses and lifestyle offerings with a bohemian vibe.



Race Course Road

Taking its name from Singapore's first ever race course which has since moved, Race Course Road is now an amalgam of well preserved heritage shophouses, housing estates and modern apartment buildings. Stretching from Little India MRT station to Farrer Park MRT station, Explore along this road and visit a number of heritage Chinese and Indian temples as well as Methodist and Presbyterian churches. Rest and have a drink at the many old school coffeeshops that serves traditional *Teh Tarik* or have a hearty meal from a variety of cuisines that promises to open up your taste buds.



Indian Heritage Centre

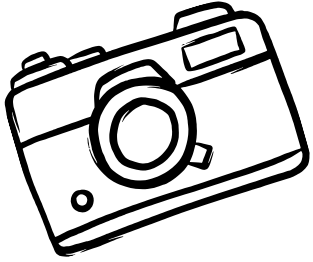


Tekka Market



Sri Srinivasa Perumal Temple

Spice up the weekend by learning a craft, visiting history, frolicking in family fun or indulging in retail therapy.



[My Pek Kio Heritage Tour](#)

Learn history and explore this little known gem of Singapore where century-old churches, temples and mosques have co-existed harmoniously for generations.



[Airzone](#)

Enjoy activities such as the Giant Inflatable Soccer Pit, 3D Maze and Big Slide at the world's first suspended indoor playground in a mall that stretches from the atrium to level six of City Square Mall!



[Mustafa Centre](#)

Nobody ever visits Tessensohn without making a stop at this mall that has great bargain deals on almost every consumer product categories from perfumes, watches, electronics to food and groceries.



Indulge in a variety of traditional and fusion cuisines that reflect the district's diverse heritage. From family-run eateries to unique cafes and upscale restaurants, the vibrant culinary scene offers a mosaic of flavours that will please discerning diners.



Marymount Bakehouse 
(Racecourse Rd)

This bakery crafts artisanal sourdough hearty delights that awaken the senses, turning everyday dishes into soulful bakes. Their beautiful baked goods make for great displays as well as great bites.



Taste of India  
(Rangoon Rd)

Taste Of India promises to bring you the freshest, best quality ingredients to make your dining experience incredible.



Brunches Cafe 
(Rangoon Rd)

Shop vintage collectibles as you savour all-day breakfast or favourites such as Lobster Bisque and Juicy Beef Burger. Reserve in advance if you want to dine in the backseat of a Mini Cooper.





Tessensohn Road



Hey Slow Joe  



Suk's Thai Kitchen



The Shakehouse by Love, Food Club  



Sourdough and Brew @bakingwithgina

Serangoon Road



Bruno's Pizzeria & Grill



Settlers Cafe By Mosanco

Race Course Road




Muthu's Curry 



Masbie Chocolate 



Just BrewIN 

Owen Road



Cherry & Oak 



Old Hen Kitchen

Jalan Besar



Two Blur Guys

Rangoon Road



Bangalore Lyengar Bakery




Jia Bin Bak Kut Teh 



Enchanted Cafe



Daizu Cafe 



Old Hen Coffee Bar



Wooly's Bagel 



Tyrwhitt Road



Chye Seng Huat Hardware

Perumal Road





Yeast Side - Lyf @ Farrer Park





Itinerary for a family day out





 Drop by **Hey Slow Joe** to pick up your morning beverage and breakfast for a delicious start to the day!


 Gear up for an afternoon of adventure at **Ground Up Rock Climbing**. The whole family including young children can join in safely or enrol in their beginners class guided by their team of certified coaches.


 Entertain the kids with slides and floats at the **Weekend Family Fun Pool*** while you relax in the heated jacuzzi or get some serious swimming done in the **Olympic-sized pool***.

 Enjoy a hearty meal in the backseat of a classic Mini Cooper at **Brunches Cafe**.

 Back at the Clubhouse, balance food coma with inner peace at one of Singapore's most renowned yoga schools. **Vyasa Yoga** offers a free trial the whole family will enjoy.

 Stop by **Biscotti Bakery** to grab a delicious and healthy afternoon snack. Their biscotti are low in fat, thin and crunchy, with no trans fats and artificial preservatives. Best of all, it comes in a variety of flavors!

 Bond with the family over some friendly competition at **Planet Bowl**. The centre has one of the lowest rates and features bumper lanes for the young ones.

 Where the adventure concludes, a gastronomic journey begins at **Just BrewIN**. With a menu full of local and Western fusion delights.



Head to the rock wall for a good challenge and physical workout



Entertain the kids with slides and floats at the Weekend Family Fun Pool*



Enjoy knocking pins over a game of bowling



Satisfy your appetites and Instagram feed at Brunches Cafe. This retro-vibe cafe overflows with nostalgia!

Weekend Family Fun Pool is applicable every Sat and Sun, excluding Public Holidays

*CSC Members only.

MAP



LEGENDS

CIVIL SERVICE CLUB

Civil Service Club @ Tessensohn 60 Tessensohn Rd

RESTAURANTS & CAFES

Bangalore Lyengar Bakery 79 Rangoon Rd
 Bruno's Pizzeria & Grill 544 Serangoon Rd
 Brunches Cafe 96 Rangoon Rd
 Cherry & Oak 95 Owen Rd
 Chye Seng Huat 150 Tyrwhitt Rd
 Daizu Cafe 129 Rangoon Rd
 Enchanted Cafe 88 Rangoon Rd
 Enjoy Xia Hokkien Mee Kitchen 383 Jln Besar
 Hey Slow Joe 1 Tessensohn Rd
 Jia Bin Bak Kut Teh 62 Rangoon Rd
 Just BrewIn 452 Race Course Rd
 Masbie Chocolate 425 Race Course Rd
 Muthu's Curry 138 Race Course Rd
 Old Hen Coffee Bar 88 Rangoon Rd
 Old Hen Kitchen 127 Owen Rd
 Settlers Cafe By Mosanco 562 Serangoon Rd

Sourdough and Brew 1 Tessensohn Rd
 Suk's Thai Kitchen 136 Tessensohn Rd
 Taste of India 77 Rangoon Rd
 The Shakehouse by Love, Food Club 33 Tessensohn Rd
 Three Cheers Patisserie 88 Rangoon Rd
 Two Blur Guys 387 Jln Besar
 Wooly's Bagel 89 Rangoon Rd
 Yeast Side - Lyf @ Farrer Park 2 Perumal Rd

ATTRACTIONS

A Guided Walking Tour of Little India: Journey of the Senses Little India MRT Station
Kampong Glam Tour 4001 Beach Rd
 Antea Social 9 Tyrwhitt Rd
 Airzone 180 Kitchener Rd
 Mud Rock Ceramics 85 Maude Rd
 Malay Art Gallery 31 Bussorah St
 Indian Heritage Centre 5 Campbell Ln
 Sri Srinivasa Perumal Temple 397 Serangoon Rd

SHOPPING MALLS

City Square Mall 180 Kitchener Rd
 Mustafa Centre 145 Syed Alwi Rd

MRT STATION

NE8 Farrer Park Station

BUS SERVICES

BUS STOP along Balestier Rd
 21, 125, 130, 139, 145

BUS STOP along Serangoon Rd
 21, 23, 64, 65, 66, 67, 125, 130, 139, 147, 857

BUS STOP along Rangoon Rd
 131, 141